



















Allergens May 2023 Main menu																		
		CELERY	CEREALS WITH GLUTEN	CRUSTACEANS	EGG	FISH	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYABEAN	SULPHUR DIOXIDE	LUPIN	SUITABLE FOR COELIACS	SUITABLE FOR VEGANS	SUITABLE FOR VEGETARIANS
BREAKFAST																		
Banana & Pecan Porridge			YES - OAT				YES			YES - PECAN						NO	NO	YES
Coconut & Mango Porridge			YES - OAT				YES				YES	YES				NO	NO	YES
Pineapple & Coconut Porridge			YES - OAT				YES									NO	NO	YES
Pandan Pancakes			YES - WHEAT		YES		YES			YES - PECAN						NO	NO	YES
Bangkok Breakfast			YES - WHEAT		YES	YES										NO	NO	NO
Jay Breakfast	YES		YES - WHEAT		YES								YES			NO	NO	YES
Beans on Toast			YES - WHEAT, BARLEY				YES									NO	NO	YES
Chilli Beans on Toast			YES - WHEAT, BARLEY				YES									NO	NO	YES
BLT			YES - WHEAT	YES	YES				YES				YES	YES		NO	NO	NO
Chilli Beef Loaded Roti			YES - WHEAT	YES	YES	YES		YES								NO	NO	NO
Pad Thai Omlette				YES	YES						YES		YES			YES	NO	NO
Pad Thai Jay Omlette					YES						YES		YES			YES	NO	YES
Smoked Salmon Bagel			YES - WHEAT, RYE			YES	YES									NO	NO	NO

Our recipe information is frequently updated so please check each time you visit to ensure that you have the most up to date recipes. While every care is taken with your meal, we cannot guarantee a 100% allergen free environment, nor can we guarantee against the processes used by our Suppliers or products which may be produced in an allergenic environment.